

KIDS' GO FREE!

Give your child the best start in life with regular eye tests, once every two years, unless advised otherwise by your optometrist.

Sight tests are FREE for all children.* Ask at your local optical practice for more information.

For more on looking after your eyes visit [visionmatters.org.uk](https://www.visionmatters.org.uk)

*Sight tests for all under 16s and those under 19 & in full-time education are paid for by the NHS in England, Wales and NI. Sight tests are free for everyone in Scotland.



**NATIONAL EYE
HEALTH WEEK**
MONDAY 18 – SUNDAY 24 SEPTEMBER 2023
YOUR VISION MATTERS