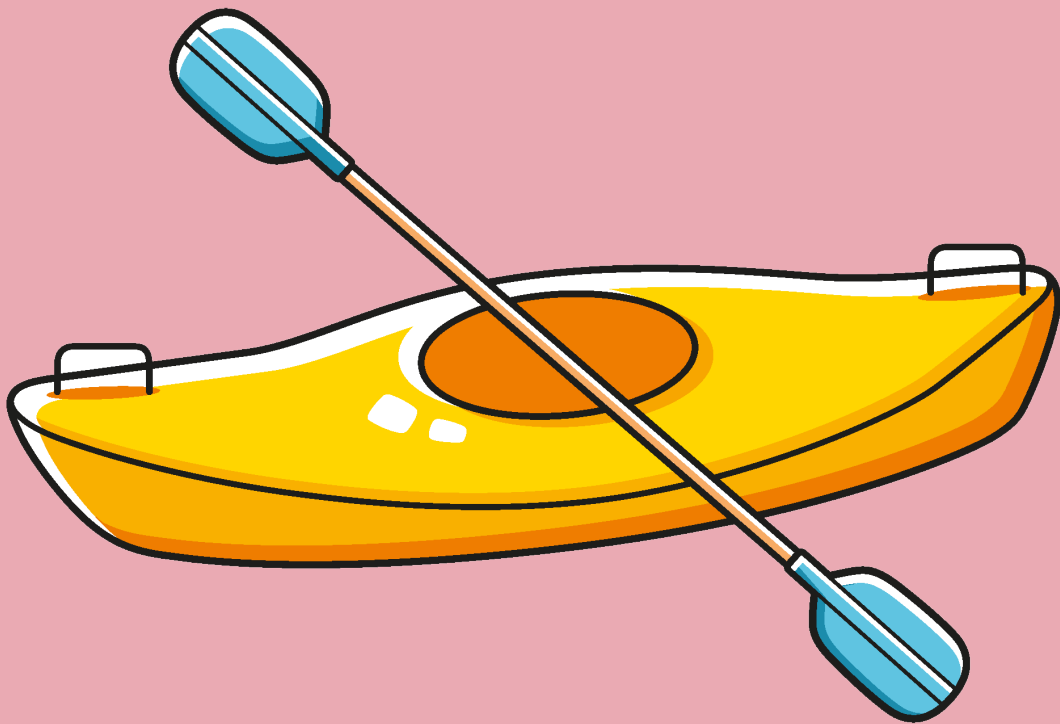


ACTIVE EYE CARE



Whether you choose to walk, run, dance
or even kayak, being physically active
can help support good eye health.

Find out more about looking after your
eyes at visionmatters.org.uk

National Eye Health Week is a public health campaign run by Eye Health UK (registered charity 1086146)



**NATIONAL EYE
HEALTH WEEK**
MONDAY 23 – SUNDAY 29 SEPTEMBER 2024
VISION MATTERS