

KIDS' EYE CARE



Spending time outdoors is
beneficial for children's eye health
and may prevent or delay the onset
of myopia (short-sightedness).

Find out more about looking after your
child's eyes at visionmatters.org.uk



**NATIONAL EYE
HEALTH WEEK**
MONDAY 23 – SUNDAY 29 SEPTEMBER 2024
VISION MATTERS

National Eye Health Week is a public health campaign run by Eye Health UK (registered charity 1086146)