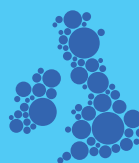


SMOKING CAUSES BLINDNESS



Chemical damage caused by smoking or vaping significantly increases your risk of sight loss & poor eye health. For help to quit visit [nhs/betterhealth](https://nhs.uk/betterhealth)

Find out more about smoking and sight loss at visionmatters.org.uk



**NATIONAL EYE
HEALTH WEEK**
MONDAY 23 – SUNDAY 29 SEPTEMBER 2024
VISION MATTERS

National Eye Health Week is a public health campaign run by Eye Health UK (registered charity 1086146)